

ReGroup – Session 4 “Determining Your Group’s Purpose”

Participant Sheet = *Make copies for each person in your New Life Small Group*

WELCOME: Emphasize any current church wide or group announcements. (5 minutes)

WORSHIP: Pick a song you like from the New Life Sm. Group Worship CD. (5 minutes)

WATCH: “Segment One: Determining Your Purpose” (15 minutes)

TALK: Pick a timekeeper! You have 20-25 minutes to work through the things talked about in this segment using the information below. (25 minutes)

- **What kind of group are we going to be?** This has probably been decided but you might want to review the different types of New Life Small Groups:

LIFE GROUPS - Men and women who are striving to help each other live life God's way. Weekly discussions revolve around helping each other put into practice the teachings of the weekend Celebrations.

BIBLE/STUDY GROUPS - Men and women whose weekly discussion revolves around a study on a particular topic or book of the Bible

WOMEN'S GROUPS - Meeting all over town at all sorts of times, these groups are for ladies only.

MEN'S GROUPS - Meeting in homes, workplaces, and restaurants these groups are just for men.

MARRIAGE GROUPS - The focus of study in these small groups is always marriage related.

YOUNG MARRIED GROUPS - These groups are made up of young married adults - many with no children and others with young children.

YOUNG ADULTS - Unmarried men and women, college age through their 20's. These groups also connect together on Sunday mornings in **Resonate** at 11 a.m. in room 208/209.

RECOVERY GROUPS - Short-term groups that address a particular area of struggle. These groups are not always in motion and are designed to provide assistance on the way to involvement in an ongoing small group.

- **What kind of curriculum will be the basis of our WORD time?** This is somewhat guided by the kind of group you are – but discuss if you’ll co-ordinate with the sermon series all or some of the time? If not, who will decide what you’ll study, etc.
- **What kind of balance will we have between CONTENT (facts & knowledge) and PROCESS (thoughts & feelings)?**
- **What will be our format and agenda?**

How long will our meetings be? How much of that time will be spend in study vs. sharing and prayer?

Review the 5 W's = *The prescribed agenda for ALL New Life small groups:*

- **Welcome (15 min)** = Icebreaker and announcements
- **Worship (10 min)** = Briefly getting our focus together onto God and His glory
- **Win (15 min)** = Praying for unsaved people we hope to reach for Jesus and planning events to help us reach out to them!
- **Word (25 min)** = Study involving both God's Truth (Bible) & the truth about us.
- **Works (25 min)** = Breaking down into 2 or 3's to pray for each other.

WATCH: "Segment Two: Closing Thoughts" (20 minutes)

TALK: Look through the different topics below from the 2nd DVD and determine how often you'll use these additional group trainings in your group – once a month, whenever the SG leader think we'd benefit from focusing on that topic, etc. (5 minutes)

- Tip One: Active Listening (7 minutes)
- Tip Two: Being Attentive (5 minutes)
- Tip Three: Telling Your Story without going on and on (15 minutes)
- Tip Four: Group Check-in #1 (5 minutes)
- Tip Five: Asking Good Questions (6 minutes)
- Tip Six: Calling Out the Best in Others (5 minutes)
- Tip Seven: Giving and Receiving Feedback (10 minutes)
- Tip Eight: Helping and Supporting Each Other (7 minutes)
- Tip Nine: Responding to Someone Who is Hurting (7 minutes)
- Tip Ten: Helping Others Take "Growth Risks" (10 minutes)
- Tip Eleven: Prayer (5 minutes)
- Tip Twelve: Group Check-in #2 (5 minutes)
- Tip Thirteen: Confessing Your Faults (10 minutes)
- Extended tip One: When Groups Get Messy - Confrontation (25 minutes)
- Extended Tip Two: When Groups Get Messy – Conflict Resolution (25 minutes)
- Extended Tip Three: Dealing with People in Crisis (25 minutes)

PRAY: Break down into 2's or 3's by gender. Be open and real in your sharing and then genuinely pray for each other! (15 minutes)